

December

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 11:45-12:45 (Online Pilates) ZOOM – request link to participate 11:45-12:45	2 9AM (All-levels Reformer). Morpho Bleu. 10AM (All-levels Reformer) Morpho Bleu
3	4 9AM (Pilates). Morpho Bleu. 10:15-11:15 (Logevity 60) Morpho Bleu	5	6	7 6PM (All-levels Reformer) Morpho Bleu	8 11:45-12:45 (Online Pilates) ZOOM – request link to participate	9
10	11 9AM (Pilates). Morpho Bleu. 10:15-11:15 (Logevity 60) Morpho Bleu	12	13	14 6PM (All-levels Reformer) Morpho Bleu	15 11:45-12:45 (Online Pilates) ZOOM – request link to participate	16 9AM (All-levels Reformer). Morpho Bleu. 10AM (All-levels Reformer) Morpho Bleu
17	18 9AM (Pilates). Morpho Bleu. 10:15-11:15 (Logevity 60) Morpho Bleu	19	20	21 6PM (All-levels Reformer) Morpho Bleu	22 11:45-12:45 (Online Pilates) ZOOM – request link to participate	23 9AM (All-levels Reformer). Morpho Bleu. 10AM (All-levels Reformer) Morpho Bleu
24	25	26	27	28 6PM (All-levels Reformer) Morpho Bleu	29 9AM (Pilates). Morpho Bleu. 10-11:00 (Slow Flow) Morpho Bleu	30 9AM (All-levels Reformer). Morpho Bleu. 10AM (All-levels Reformer) Morpho Bleu